

2017 19th GASSHUKU 2017

SUMMER CAMP INFORMATION

" Kyu`Shin Mitsu "

Date/Time: August 18 - 20, 2017 (Friday to Sunday, 3-days)
Friday: 6:00pm to 8:00pm / Montclair
Saturday: 6:00am to 4:00pm 8:00am-8:30am BREAKFAST BYOB
12:00am - 1:00pm LUNCH (BLACK/BROWN YUDANSHA COURSE)
Sunday: 7:00am - 10:45 11:00 - EXAMINATION **Pre-Pay & Pre-Registration ONLY**
Dan Exam: 1 Student Eligible for 2017

Venue: Montclair Recreation Center / Great Lawn-Needle / Crescent Park
729 Ulster Way Next to Machebeauf High 8th Ave+Syracuse St
Denver, CO (Friday) School (Saturday) Lowry Campus (Weather ?)

Cost: **2016 FSKA Students \$75.00 / 2nd Family Member \$60.00** (6 yrs + to 65)
Non-Member Students \$90.00 3-Day 2016 FSKA membership \$25.00/yr
Friday - Sunday \$75.00 / Saturday Only \$60.00

Schedule: Group 1 - Beginners, Group 2 - Intermediate, Group 3 - Advanced/Black Belts

Friday 6:00pm -8:00pm Kihon All Groups (Beginner / Intermediate / Advance& Black)

Saturday ¹6:00am – Kata All Groups / Tennis Shoes/Bo Staff/Water

²7:00am – Bo Kata All Groups **SENSEI / Sensei - David, Tony, Randall**

³8:00am – 8:30am Breakfast (BYOB)

^{4A}9:00am – Kihon/Kumite Group 1 **Sensei David, Tony, Randall GOHON / SANBON**

^{4B}10:00am - Kihon/Kumite Group 3 **SENSEI SANBON / IPPON**

^{5A}11:00am - Kata Heian / Tekki **Sensei David, Tony, Randall**

^{5B}11:00am - Kata Group 2 & 3 **SENSEI Sochin & Empi**

^{6A}12:00am - 1:00pm, **LUNCH** ^{6B}**12:00-1:00pm YUDANSHA** PEN/PENCIL/PAPER

⁷1:00pm - Bunkai: HEIAN YONDAN **Group 1/2 JION Group 3**

⁸2:00pm - Kihon Kumite All Groups **SENSEI**

⁹3:00pm - Kumite All Groups **SENSEI**

Sunday ^A7:00am – Kata-All Groups / Tennis Shoes/Bo Staff/Water

^B8:00am – Bo Kata All Groups **SENSEI & Sensei David, Tony, Randall**

^C8:30am BREAKFAST (BYOB)

^D9:30am – KATA Review Group 1 / 2 Group 3 Pre-Exam

^D10:00am - Kihon/Kumite Group ALL **SENSEI**

Sunday Examination (3-Day Camp + Pre-Registration Required + Written Test)
All students must participate in Friday, Saturday & Sunday Training

Matsuri: **Dojo Celebration-Sunday** 12:00 Food, Drinks, Karate Demo, & Games

Water/Food: Provided by **FSKA-COLORADO & Dojo (Potluck)** SIGN-UP: ENTREE, SALAD, DESSERT

Gasshuku Instructors: John Bolosan, David Elmer, Tony Maccioli, Randall Kokkinen

For Information: **FUNAKOSHI SHOTOKAN KARATE ASSOCIATION-Colorado** (FSKA-CO.Org)